



Starz Bar & Restaurant, 18 Lower North Street, Exeter, Devon EX4 3ET  
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**PLEASE NOTE:-** We make every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Every effort is made to instruct our staff on the severity of food allergies. We identify items with possible allergen-containing ingredients; however, there is always a risk of contamination. There is also a possibility that manufacturers of foods we use could change the ingredients at any time, without notice. Customers concerned with food allergies need to be aware of this risk. Starz bar & Restaurant will not assume any liability for adverse reactions to foods consumed. 03/13

YES = Ok To Eat NO = Not Recommended	Coeliac/ Gluten Free	Lactose
	YES = Ok To Eat	YES = Ok To Eat
<b>APPETIZERS</b>		
<b>'STARZ' NACHOS (V)</b> Tortilla chips topped with melted cheese served with sour cream, guacamole & salsa dips	YES	NO
<b>(ADD JALAPENOS )</b>	YES	NO
<b>BATTERED CALAMARI</b> served with a garlic mayo dip	NO	NO
<b>MOZZARELLA STICKS (V)</b> served with tortilla chips & a redpepajam dip	NO	NO
<b>MANHATTAN MUSHROOMS (V)</b> Breaded Cajun mushroom boats served with tortilla chips & a garlic mayo dip	NO	YES (NO DIP)
<b>SPICY CHICKEN STRIPS</b> Smothered in a rich Jack Daniels Tennessee glaze served with tortilla chips	YES	YES
<b>LOADED SKINS</b> served with tortilla chips, sour cream & guacamole dips	YES	NO
<b>Cheese &amp; Bacon</b>	YES	NO
<b>Cheese &amp; Peppers (V)</b>	YES	NO
<b>WICKED WINGS</b> Four seasoned chicken wings, served with a blue cheese dip & tortilla chips		
<b>Naked: As they come</b>	NO	YES
<b>Mild: Smothered in barbecue sauce</b>	NO	YES
<b>Hot: Louisiana hot sauce</b>	NO	YES
<b>TOMATO &amp; MOZZARELLA SALAD (V)</b> served on a bed of lettuce with a balsamic dressing	YES	NO
<b>GARLIC BREAD (V)</b> (Add cheese for an extra 50p)	NO	NO
<b>APPETIZERS TO SHARE</b>		
<b>STARZ COMBO (V)</b> A mouth-watering selection comprising of cheese & pepper potato skins, cheesy sticks, onion rings & breaded Cajun mushrooms served with tortilla chips, sour cream & Jack Daniels Tennessee glaze dips	NO	NO
<b>STARZ COMBO DELUXE</b> The ultimate collection to tease your taste buds, battered calamari, cheese & bacon potato skins, breaded Cajun mushrooms, onion rings &	NO	NO

two skewers of grilled chicken served with tortilla chips, sour cream & Jack Daniels Tennessee glaze dips		
<b>ONION RING TOWER (V)</b> A gargantuan tower of beer battered, breaded & spiced onion rings served with sour cream & barbecue dips	<b>NO</b>	<b>NO</b>
<b>WICKED WING COMBO</b> A sumptuous selection of twelve seasoned chicken wings served naked, mild & hot with a blue cheese dip	<b>NO</b>	<b>YES (NO DIP)</b>
<b>STARZ SURPRISES</b>		
<b>NORTH &amp; SOUTH STARZ</b> Char-grilled & oven baked chicken breast (8oz/227g) & half-rack of ribs drizzled with a smooth barbecue sauce or Jack Daniels Tennessee glaze	<b>NO</b>	<b>YES</b>
<b>WILD WEST STARZ</b> Succulent rump steak (8oz/227g) & half-rack of ribs drizzled with a smooth barbecue sauce or Jack Daniels Tennessee glaze	<b>NO</b>	<b>YES</b>
<b>PIRI PIRI CHICKEN</b> Hot & spicy chicken breast (8oz/227g), char-grilled & oven-baked to perfection	<b>YES</b>	<b>YES</b>
<b>AMERICAN CHICKEN MELT</b> Char-grilled & oven baked chicken breast (8oz/227g) topped with smooth barbecue sauce, a tasty rasher of bacon & cheddar cheese	<b>YES</b>	<b>YES (NO CHEESE)</b>
<b>CHIC CHICK CHICKEN</b> A chicken breast smothered in Piri Piri sauce, accompanied by some of our spicy chicken strip drizzled in JD Tennessee glaze, as well as four chicken wings soaked in barbecue sauce	<b>YES</b>	<b>YES</b>
<b>FRIES</b>	<b>YES</b>	<b>YES</b>
<b>Seasoned spirals</b>	<b>NO</b>	<b>YES</b>
<b>Starz seasoned mashed potato</b>	<b>YES</b>	<b>NO</b>
<b>Jacket potato</b>	<b>YES</b>	<b>YES (NO BUTTER)</b>
<b>Starz homemade coleslaw</b>	<b>YES</b>	<b>NO</b>
<b>Seasonal vegetables</b>	<b>YES</b>	<b>NO</b>
<b>Starz creamy garlic mushrooms</b>	<b>YES</b>	<b>NO</b>
<b>STARZ HOUSE SPECIALS</b>		
<b>JERK CHICKEN</b> Char-grilled & oven-baked spicy jerk chicken breast, served on a base of Caribbean stir-fry, pineapple chunks, flakes of coconut, lime wedges, half a corn on the cob & sour cream	<b>YES</b>	<b>YES (NO SOUR CREAM)</b>
<b>LAMB STEAK</b> Lamb steak (8oz/227g) served with a creamy mint sauce on a bed of sautéed potatoes mixed with peppers & onions	<b>YES</b>	<b>YES (NO MINT SAUCE)</b>
<b>ENCHILADAS</b> Chilli beef wrapped in warm tortillas smothered in salsa & cheese sauce topped with cheddar. Oven baked & served with garlic bread & salad	<b>NO</b>	<b>NO</b>
<b>VEGETABLE ENCHILADAS (V)</b> Vegetarian mince, chunky vegetables & kidney beans wrapped in warm tortillas smothered in salsa & cheese sauce topped with cheddar. Oven baked & served with garlic bread & salad	<b>NO</b>	<b>NO</b>
<b>SALMON STEAK</b> Salmon steak (8oz/227g) served with a white wine, garlic, dill & cream sauce on a bed of sautéed potatoes mixed with peppers & onions	<b>YES</b>	<b>YES (NO SAUCE)</b>
<b>STARZ MEATY MAIN</b>	<b>NO</b>	<b>YES (NO</b>

A half rack of ribs, steak strips, mild wicked chicken wings & two cheese & bacon potato skins served with seasoned spirals & Starz homemade coleslaw		<b>POTATO SKINS OR COLESLAW)</b>
<b>MEDITERRANEAN VEGETABLE PASTA (V)</b> Roasted aubergines, courgettes, mushrooms, garlic, cherry tomatoes & peppers mixed together in a delicious spaghetti dish topped with a slice of goat's cheese	<b>NO</b>	<b>YES (NO GOAT'S CHEESE)</b>
<b>CHAR-GRILLED STEAKS</b>		
<b>RUMP STEAK (8OZ/227G)</b>	<b>YES</b>	<b>YES</b>
<b>RUMP STEAK (16OZ/454G)</b>	<b>YES</b>	<b>YES</b>
<b>RUMP STEAK (32OZ/908G)</b> The Starz Belt Buster Steak	<b>YES</b>	<b>YES</b>
<b>KANSAS CITY SIRLOIN (8OZ/227G)</b> A tenderer traditional cut, full of flavour	<b>YES</b>	<b>YES</b>
<b>PRIME FILLET (8OZ/227G)</b> Trimmed of all fat this lean fillet is the tenderest cut of all	<b>YES</b>	<b>YES</b>
<b>STARZ STEAK EXTRAS</b>		
<b>SURF &amp; TURF KING PRAWN</b> Turn your chosen steak into something really special with three grilled Cajun king prawns	<b>YES(NO CAJUN)</b>	<b>YES</b>
<b>SURF &amp; TURF BATTERED</b> Calamari Turn your chosen steak into something really special with battered calamari	<b>NO</b>	<b>NO</b>
<b>SPICE UP YOUR STEAK</b> Add three spicy onion rings to your steak	<b>NO</b>	<b>NO</b>
<b>STARZ STEAK SAUCES</b>		
<b>JAMES DEAN</b> Mushrooms, cream, red onions & red wine	<b>YES(GLUTEN-FREE OPTION)</b>	<b>NO</b>
<b>CLINT EASTWOOD</b> Madagascar green peppercorns, red onions, tequila, wholegrain mustard & cream	<b>YES(GLUTEN-FREE OPTION)</b>	<b>NO</b>
<b>MARLON BRANDO</b> Blue cheese, mustard, mixed herbs & cream	<b>YES(GLUTEN-FREE OPTION)</b>	<b>NO</b>
<b>RIBS</b>		
The house special pork ribs, oven cooked with Starz special seasoning until tender, just choose your favourite coating & enjoy		
<b>AMERICAN RIBS</b> Smooth barbecue sauce	<b>NO</b>	<b>YES</b>
<b>CHIPOTLE BARBECUE RIBS</b> Smoked chilli chipotle sauce	<b>NO</b>	<b>YES</b>
<b>JACK DANIELS RIBS</b> Jack Daniels Tennessee glaze	<b>NO</b>	<b>YES</b>
<b>APPLEJACK CIDER RIBS</b> Smothered in a delicious cider glaze	<b>NO</b>	<b>YES</b>
<b>STARZ BURGERS</b>		
<b>BEEF (6OZ/170G)</b> A delicious, succulent meaty burger, char-grilled & oven-cooked medium to well-done	<b>NO</b>	<b>YES</b>
<b>CHICKEN (8OZ/227G)</b> A butterfly breast of chicken, char-grilled & oven baked, served with	<b>YES (NO BAP)</b>	<b>YES (NO G MAYO)</b>

garlic mayo		
<b>VEGETABLE (8OZ/227G) (V)</b> 2 crispy coated mixed vegetables, soya & potato burgers, served with garlic mayo	<b>NO</b>	<b>NO</b>
<b>Monterey Jack cheese slice</b>	<b>YES</b>	<b>NO</b>
<b>Barbecue sauce</b>	<b>YES</b>	<b>YES</b>
<b>Fried onions</b>	<b>YES</b>	<b>YES</b>
<b>Tomato &amp; chilli relish</b>	<b>YES</b>	<b>YES</b>
<b>Rasher of bacon</b>	<b>YES</b>	<b>YES</b>
<b>Beer battered onion rings</b>	<b>NO</b>	<b>NO</b>
<b>Garlic mayo</b>	<b>YES</b>	<b>NO</b>
<b>STARZ SPECIALITY BURGERS</b>		
<b>SYLVESTER STALLONE</b> 2 char-grilled beef burgers (12oz/340g) with two tasty rashers of bacon, a Monterey Jack cheese slice accompanied by a generous serving of barbecue sauce, on a bed of freshly sliced red onion & lettuce, served with fries & coleslaw	<b>NO</b>	<b>NO</b>
<b>THE STARZ NEW YORKER</b> Char-grilled beef burger (6oz/170g) with a layer of tomato & chilli relish, a Monterey Jack cheese slice, topped with a char-grilled & oven baked chicken breast (8oz/227g) with a tasty rasher of bacon on a bed of freshly sliced red onion, lettuce & garlic mayo, served with fries & coleslaw	<b>NO</b>	<b>NO</b>
<b>PULLED PORK BURGER</b> The same pork as our ribs but in a burger without the mess of the bones, cooked with our delicious barbecue sauce, served with fries and Starz homemade coleslaw	<b>YES (NO BAP)</b>	<b>YES</b>
<b>THE STARZ BURGER MELT</b> Two burgers fused together with a smooth Emmental centre, topped with bacon & barbecue sauce, this is not to be missed! Served with fries & homemade coleslaw	<b>YES (NO BAP)</b>	<b>NO</b>
<b>STARZ SIZZLIN' FAJITAS (Fa-He-Ta)</b>		
This is where the fun begins; take a sizzling skillet with your choice of filling mixed with onions, peppers & mushrooms. Wrap in warm tortillas & add salsa, sour cream, guacamole, grated cheese & crisp shredded lettuce. Assemble & enjoy		
<b>STEAK</b>	<b>YES (NO WRAPS)</b>	<b>YES (NO SOUR CREAM / CHEESE)</b>
<b>CHICKEN &amp; STEAK</b>	<b>YES (NO WRAPS)</b>	<b>YES (NO SOUR CREAM / CHEESE)</b>
<b>CHICKEN</b>	<b>YES (NO WRAPS)</b>	<b>YES (NO SOUR CREAM / CHEESE)</b>
<b>VEGETABLE (MANGE TOUT &amp; BABY CORN) (V)</b>	<b>YES (NO WRAPS)</b>	<b>YES (NO SOUR CREAM / CHEESE)</b>
<b>SURF &amp; TURF KING PRAWN</b> Turn your chosen Fajita into something really special with three grilled Cajun king prawns	<b>YES (NO CAJUN)</b>	<b>YES</b>

<b>SALAD SELECTION</b>		
A bed of lettuce with tomatoes, cucumber, onions, celery, peppers, grapes, melon, croutons, parmesan cheese & Caesar dressing	<b>YES (NO CROUTONS)</b>	<b>YES (NO CHEESE CROUTONS/DR ESSING)</b>
<b>STARZ SALAD (V)</b> As it is	<b>YES (NO CROUTONS)</b>	<b>YES (NO CHEESE CROUTONS/DR ESSING)</b>
<b>CHICKEN &amp; CHORIZO</b> Strips of tender char-grilled & oven baked chicken (8oz/227g) & chorizo sausage	<b>YES (NO CROUTONS)</b>	<b>YES (NO CHEESE CROUTONS/DR ESSING)</b>
<b>Steak Succulent prime rump steak (8oz/227g)</b> cooked medium unless otherwise requested	<b>YES (NO CROUTONS)</b>	<b>YES (NO CHEESE CROUTONS/DR ESSING)</b>
<b>ON THE SIDE (V)</b>		
<b>FRIES</b>	<b>YES</b>	<b>YES</b>
<b>SEASONED SPIRALS</b>	<b>NO</b>	<b>YES</b>
<b>STARZ SEASONED MASHED POTATO</b>	<b>YES</b>	<b>NO</b>
<b>JACKET POTATO</b>	<b>YES</b>	<b>YES (NO BUTTER)</b>
<b>STARZ HOMEMADE COLESLAW</b>	<b>YES</b>	<b>NO</b>
<b>SEASONAL VEGETABLES</b>	<b>YES</b>	<b>NO</b>
<b>STARZ CREAMY GARLIC MUSHROOMS</b>	<b>YES</b>	<b>NO</b>
<b>STARZ SIDE SALAD</b>	<b>YES</b>	<b>YES (NO DRESSING)</b>
<b>EXTRAS (V)</b>		
<b>TORTILLA WRAPS</b>	<b>NO</b>	<b>YES</b>
<b>BARBECUE BEANS</b>	<b>YES</b>	<b>YES</b>
<b>BEER BATTERED ONION RINGS</b>	<b>NO</b>	<b>NO</b>
<b>GARLIC BREAD</b>	<b>NO</b>	<b>NO</b>
<b>CHEESY GARLIC BREAD</b>	<b>NO</b>	<b>NO</b>
<b>GRATED CHEESE</b>	<b>YES</b>	<b>NO</b>
<b>JALAPENOS</b>	<b>YES</b>	<b>YES</b>
<b>STARZ DELICIOUS DIPS (V)</b>		
<b>SALSA</b>	<b>YES</b>	<b>YES</b>
<b>SOUR CREAM</b>	<b>YES</b>	<b>NO</b>
<b>GUACAMOLE</b>	<b>YES</b>	<b>YES</b>
<b>BLUE CHEESE</b>	<b>YES</b>	<b>NO</b>
<b>GARLIC MAYO</b>	<b>YES</b>	<b>NO</b>
<b>LOUISIANA HOT SAUCE</b>	<b>YES</b>	<b>YES</b>
<b>JACK DANIELS TENNESSEE GLAZE</b>	<b>YES</b>	<b>YES</b>
<b>BARBECUE DIP</b>	<b>YES</b>	<b>YES</b>
<b>LITTLE STARZ MAIN MEALS LITTLE STARZ MENU</b> (ONLY for children 10 & under - includes a main meal & dessert)		
<b>CHICKEN DIPPERS</b>	<b>NO</b>	<b>YES</b>
<b>COD BITES</b>	<b>NO</b>	<b>YES</b>
<b>HOT DOG</b>	<b>YES (NO BAP)</b>	<b>YES</b>

<b>4OZ CHEESE BURGER</b>	<b>NO</b>	<b>YES (NO CHEESE)</b>
<b>4OZ GARDEN VEGETABLE BURGER (V)</b>	<b>NO</b>	<b>NO</b>
<b>LITTLE STARZ DESSERTS</b>		
<b>ICE CREAM</b> Vanilla, chocolate or strawberry	<b>YES</b>	<b>NO</b>
<b>MINI DOUGHNUTS</b> Six mini doughnuts, chocolate fudge sauce & vanilla ice cream	<b>NO</b>	<b>NO</b>
<b>CHOCOLATE BROWNIE</b> Chocolate brownie pieces with fudge sauce & vanilla ice cream	<b>NO</b>	<b>NO</b>
	<b>NO</b>	<b>NO</b>
<b>DESSERTS</b>		
<b>CHOCOLATE LOVIN' SPOON CAKE</b> A giant mouthful of chocolate pudding between two layers of dark, moist, chocolate drenched chocolate cake. Hand-finished with chocolate cake cubes covered in melted milk chocolate, served with ice-cream & whipped cream	<b>NO</b>	<b>NO</b>
<b>CARAMEL APPLE PIE</b> Buttery caramel & toffee studded custard hug fresh granny smith apples, piled high on 'melt in the mouth' shortbread crust, served with ice-cream & whipped cream	<b>NO</b>	<b>NO</b>
<b>TOFFEE APPLE WAFFLES</b> A mouth-watering warm waffle in a bowl of warm cinnamon and apple with a butterscotch sauce & ice-cream	<b>NO</b>	<b>NO</b>
<b>STRAWBERRIES &amp; CREAM CHEESECAKE</b> Just picked strawberry compote & crème brulee custard. Cool, creamy & refreshing, served with ice-cream & whipped cream	<b>NO</b>	<b>NO</b>
<b>BITE SIZE BLISS</b> A selection of four delicious mini-desserts- white chocolate raspberry bar, toffee crunch bar, chocolate brownie triangle & luscious lemon square	<b>NO</b>	<b>NO</b>
<b>CHOCOLATE BROWNIE</b> A warm slice of chocolate brownie & warm chocolate fudge sauce served with ice-cream & whipped cream (Contains traces of nuts)	<b>NO</b>	<b>NO</b>
<b>'SUMMER LOVIN' KNICKERBOCKER GLORY</b> Stateside traditional treat of fresh strawberries, ice-cream, strawberry sauce & whipped cream	<b>NO</b>	<b>NO</b>
<b>'DEEP SOUTH' KNICKERBOCKER GLORY</b> A combination of chocolate fudge sauce, ice-cream & Oreo cookie pieces & whipped cream	<b>NO</b>	<b>NO</b>
<b>TOFFEE CHOC POPPIN' KNICKERBOCKER GLORY</b> A combination of hot fudge sauce, popcorn, chocolate brownie pieces and vanilla ice cream.	<b>NO</b>	<b>NO</b>
<b>THE STARZ GOLDFISH BOWL</b> Vanilla, chocolate & strawberry ice-cream, whipped cream, marshmallows & chocolate fudge sauce, watch out for those chocolate chunks! The Starz Oreo Goldfish Bowl Vanilla, chocolate ice-cream, whipped cream, Oreo Cookie pieces, chocolate brownie squares & chocolate fudge sauce	<b>NO NO</b>	<b>NO NO</b>